



Meal Substitution Request Form

Child's Name	
Date of Birth	
Meal Concern Classification	<input type="checkbox"/> Allergy <input type="checkbox"/> Intolerance

Please describe the child's allergy or intolerance. List specific foods and be as specific as possible as to which foods need substituted:

For milk allergies/intolerances, the following should be substituted for milk during meals:

- ☐ Almond Milk
- ☐ Other (specify)

*If the child has a substitution related to an intolerance or life-threatening allergy, a Medical Statement from a licensed physician is required and a substitution will be provided by our food service department. Meal substitutions can only be made for two weeks while waiting for a physician signature.

Parent/ Guardian Signature _____ Date: _____

Physician Signature _____ Date: _____

Physician Office Phone Number: _____

OFFICE USE ONLY

- ☐ Copy in Student File
- ☐ Copy to Nurse
- ☐ Copy to Cafeteria

These things I command you, that ye love one another. John 15:17